



DETROIT RECOVERY PROJECT, INC.

ANNUAL REPORT • 2020

A MESSAGE FROM OUR PRESIDENT/CEO

ANDRE JOHNSON

At the Detroit Recovery Project, 2020 was a year of grief and sadness — but also of hope, clarity, and purpose. We have always known that substance use disorders and mental illnesses have had devastating impacts on our communities and families. Therefore, we will always focus our efforts on the person as a whole by providing holistic care and treating everyone with dignity and respect. This past year shined a light on that truth in ways that were sad, but entirely predictable, as times of crisis exacerbate injustices. But by doing it together, we are building and serving our recovery community every day. Together, we will realize our mission to serve and advocate for adequate resources grounded in evidence-based best practices, compassion, and intentional approaches to help the spirit, mind, and body of individuals we serve and to ensure that no person is left behind.



WHO WE ARE & OUR HISTORY

The Detroit Recovery Project (DRP), a 501(c)(3) organization, is the first trailblazing Recovery Community Organization (RCO) in the State of Michigan. DRP is peer-led, peer-run, and peer-driven with two health and wellness resource centers: one located on the Eastside and another on the Westside of Detroit. These locations provide a space where individuals in short- or long-term recovery can come and attend 12-step Alcoholics Anonymous (AA) or Narcotics Anonymous (NA) meetings throughout the week. The centers provide access to a myriad of other resources such as holistic support services and rapid-HIV testing. A fitness center provides opportunities for socialization and activities, including dominoes, pool, a riding for recovery bicycle program, and meditation equipment for yoga practice.

OUR MISSION

DRP is a private non-profit corporation dedicated to supporting recovery that strengthens, rebuilds, and empowers individuals, families, and communities that are experiencing co-occurring mental illness and substance use disorders. This is accomplished by ensuring access to integrated networks of effective and culturally competent holistic health services.

BOARD OF DIRECTORS



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Vice President of Operations



Kau Gofan
Chief Financial Officer



Kennyle Johnson
Chief Compliance Officer



Antonio Harris
Human Resources Director



Dr. Kevin Johnson
Director of Projects / Clinical Services



Amanda Scott
Program Director / Electronic Health Records Manager



Andria Walker
Clinical Director

PUBLIC SUPPORT & REVENUE

Funding Source

Amount (in USD)

Substance Abuse and
Mental Health Services
Administration
(SAMHSA)

\$1,178,589

Detroit Wayne
Integrated Health
Network (DWIHN)

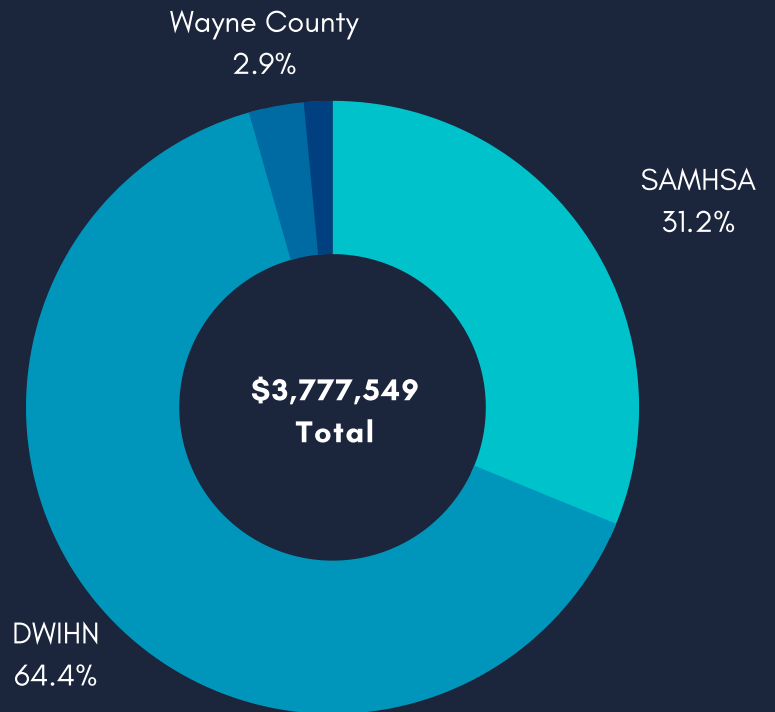
\$2,432,265

Wayne County

\$111,208

Other

\$55,487



HOW WE'RE SERVING TODAY

DRP is a private non-profit corporation dedicated to supporting recovery that strengthens, rebuilds, and empowers individuals, families, and communities that are experiencing co-occurring mental illness and substance use disorders. We accomplish this by ensuring access to integrated networks of effective and culturally competent holistic health services.

DRP was built upon a strong foundation of recovery support services. Our services include the following:



PREVENTION

Curbing the onset of substance use or limiting the development of problems associated with using

- HIV Testing & Linkage to Care
- HCV Testing & Linkage to Care
- Detroit Rising Coalition
- DRP Outreach Street Team
- Syringe Services
- Health Education

RECOVERY PROGRAMS

Providing peer-to-peer support for individuals in all stages of recovery

- Outpatient Treatment
- Peer Coaching
- Recovery Management
- Strengthening Families
- Building Communities of Recovery (BCOR)
- Recovery Training Institute (RTI)

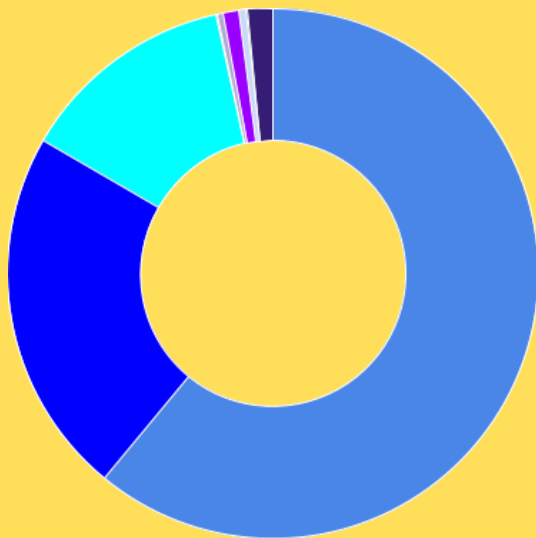


TREATMENT

DRP is a Certified Community Behavioral Health Clinic (CCBHC), providing behavioral health & wellness services

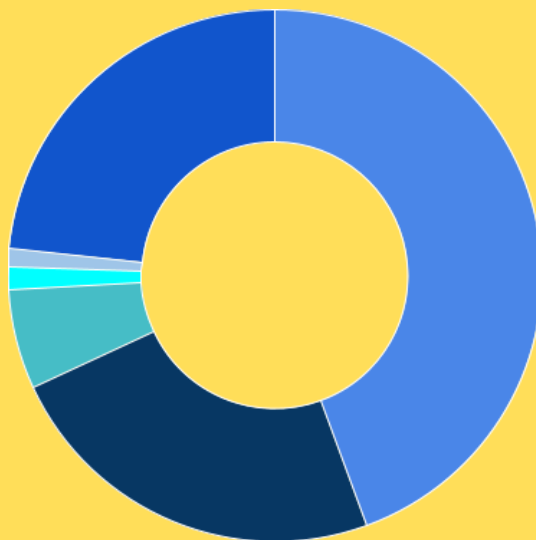
- Physical Health Services
- Mental Health Services
- Medication-Assisted Treatment (MAT)
- Peer Coaching

PEOPLE WE SERVE



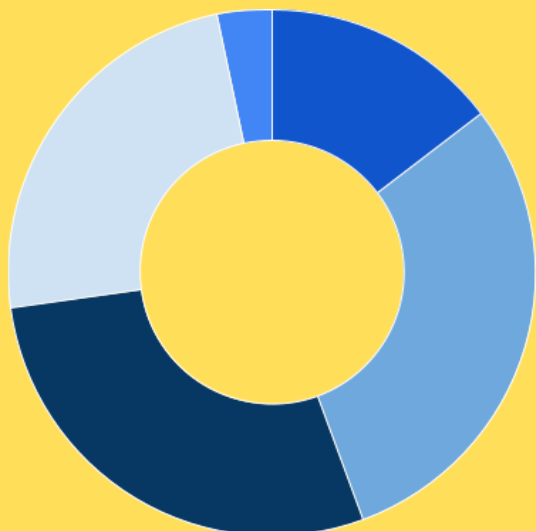
Race

- Black/African-American (35.15%)
- White/Caucasian (22.42%)
- Asian (0.11%)
- Native Hawaiian/Pacific Islander (0.11%)
- Native American/Alaska Native (0.33%)
- Hispanic/Latino (0.98%)
- Middle Eastern/North African (0.44%)
- Other race (1.52%)
- Declined to specify (13.16%)



Education Level

- High school/GED (35.15%)
- Some college (18.72%)
- College degree (4.79%)
- Graduate school or higher (1.09%)
- Specialized training (0.87%)
- Declined to specify (18.50%)



Age

- 18 - 25 (14.47%)
- 26 - 35 (29.27%)
- 36 - 50 (28.07%)
- 51 + (23.50%)
- Declined to specify (3.26%)



THE STOP PROGRAM

STRATEGIZING
TOGETHER ON
PREVENTION

ABOUT STOP

The Strategizing Together on Prevention (STOP) program prevents substance misuse and the transmission of HIV and Hepatitis using evidence-based peer navigation, intensive one-on-one counseling, health education approaches, and environmental strategies.

GOALS

Our goals are to:

1. Increase the knowledge and perception of personal vulnerability.
2. Develop positive attitudes toward safer sex.
3. Build the skills and the confidence needed to abstain successfully or to use safer sex practices willingly and effectively if they choose to be sexually active.

TARGET POPULATION

Youth and young adults between the ages of 13 and 24 who are at high-risk for HIV/AIDS, Hepatitis, and substance use disorders

DETROIT RISING COALITION

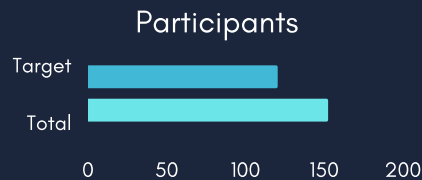
The STOP Coalition consists of partner organizations that share our mission of preventing substance misuse and the transmission of HIV. The Coalition currently has 34 members and 15 program partners that work collaboratively to reach our target population. During the pandemic, the Coalition numbers have decreased to seven regular attendees in our monthly virtual meetings. However, during this time, DRC has created and begun the implementation of a Coalition Workplan, have participated in PrEP and Proud, and pursued ways to increase access to at-home testing and testing awareness for HIV and HCV.

WHAT STOP OFFERS:



BPBR

'BE PROUD, BE RESPONSIBLE'
INTERVENTION



Sessions provided to target youth: **10**
Target population receiving HIV tests: **0**
Referrals to supportive services: **0**

**Testing this year was challenged as STOP was moved 100% virtual.*

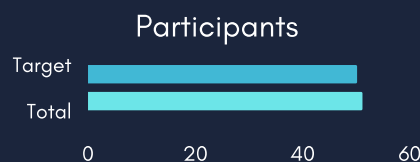
A 5-hour HIV Prevention workshop that will:

- Help young people change behaviors that place them at risk for HIV.
- Delay the initiation of sex among sexually inexperienced youth.
- Reduce unprotected sex among sexually active youth.
- Help young people make proud and responsible decisions about their sexual behaviors.
- Provide syringe access and HIV/HCV testing.
- Provide participants with a \$25 gift card upon completion of BPBR program (including a follow-up survey).



CLEAR

CHOOSING LIFE:
EMPOWERMENT!
ACTION! RESULTS!



CLEAR is an evidence-based health promotion intervention for anyone ages 16 and older living with HIV/AIDS or with increased chances for exposure to HIV.

CLEAR is a client-centered program delivered one-on-one using cognitive behavioral techniques to change behavior. The intervention provides clients with the skills necessary to be able to make healthy choices for their lives. Participants will have access to one-on-one coaching and will earn a series of incentive gift cards upon program completion.



ABOUT HEART

The HEART (Health, Empowerment, Acceptance, Recovery, and Treatment) program focuses on increasing HIV status awareness among young adults who are at particularly high-risk due to substance use disorder or co-occurring mental health issues (SUD/COD) by increasing linkage to care for individuals who are HIV-positive and re-linking individuals who have fallen out of care.

GOALS

Our goals are to improve health outcomes and increase the number of people living with HIV (PLWH) with SUD/COD who are linked to HIV care.

TARGET POPULATION

Individuals living in Detroit, Michigan who are infected with HIV or at high-risk for infection, with a specific focus on racial & ethnic minority populations between the ages of 18-29. Populations at highest risk include men who have sex with men (MSM), especially young men who have sex with men (YMSM) who are Black or Latino (ages 18-29) and LGBTQ+ individuals with substance use disorder (SUD), especially people who inject drugs (PWID) and/or who have co-occurring mental health & substance use disorders (COD).

WHAT HEART OFFERS:



Substance Use Services



Fun and Sober Activities



HIV/Hep C Testing

vaccinations; a linkage to ART, PEP, & PrEP; & Hep C cure



One-on-One Counseling



Smoking Cessation Supports



A Safe Space

a support system, a group of likeminded people, & a positive atmosphere of fellowship

Moving into its third year, HEART has provided an array of services in the community from awareness raising events to direct community outreach, to HIV and hepatitis C virus (HCV) testing at local treatment centers. The HEART Team has also effectively partnered with other community organizations to increase HIV awareness, access to HIV testing, and access to HIV-preventing drugs such as PEP and PrEP. In its three years, HEART has provided HIV testing to 245 individuals. In 2020, despite the pandemic, the HEART Team was able to maintain testing & community engagement.

GOALS & DATA

	Total	Target
Persons tested for HIV & HCV	85	100
Persons testing positive for HIV	4	--
Persons tested positive for HCV	16	--
Persons with positive tests linked to care	20 (100%)	100%



SYRINGE SERVICES

**FUNDED BY MICHIGAN DEPARTMENT OF
HEALTH AND HUMAN SERVICES (MDHHS)**

ABOUT

DRP works to further develop harm reduction programs in the City of Detroit by providing person-centered care for individuals who use substances through a non-coercive, culturally sensitive, and compassionate approach. Harm reduction focuses on meeting people where they are, opening the door to services, and treating individuals as human beings no matter where they are in life. Core components of a comprehensive harm reduction program include disbursement of clean works, naloxone distribution, HIV & HCV testing, education, counseling, and referral to substance use treatment and/or care.

TARGET POPULATION

Individuals who identify as people who use drugs (PWUD)/people who inject drugs (PWID)

GOALS & DATA

	Total	Target
Clients seen	82	300
Secondary clients served	120	600
Overdoses reversed	58	25
Persons referred to substance use treatment	50	50
Persons engaged in substance use treatment	5	30
Naloxone kits distributed	120	300
Syringes distributed	2,400	2,000
Syringes returned	1,000	3,000
Persons tested for HIV	59	300
Persons testing positive for HIV	0	--
Persons tested for HCV	59	300
Persons testing positive for HCV	11	--
HCV-positive persons linked to care	11	--



**FUNDED BY MICHIGAN DEPARTMENT OF
HEALTH AND HUMAN SERVICES (MDHHS)**

ABOUT

This grant works to increase hepatitis C virus (HCV) testing & linkage to care among those we serve.

TARGET POPULATION

Individuals who identify as people who use drugs (PWUD) or people who inject drugs (PWID), as well as individuals who are in recovery and have not been tested.

WHAT HCV SERVICES OFFERS:

HCV Services offers rapid testing, allowing individuals to more easily access HCV testing and removing the barrier of the clinic and a blood draw. For those who do receive a reactive HCV test, they are referred to a confirmatory HCV test at either DRP or Wayne State University Infectious Disease. All participants that receive a confirmatory blood test are then linked to HCV treatment that leads to the cure of HCV infection.



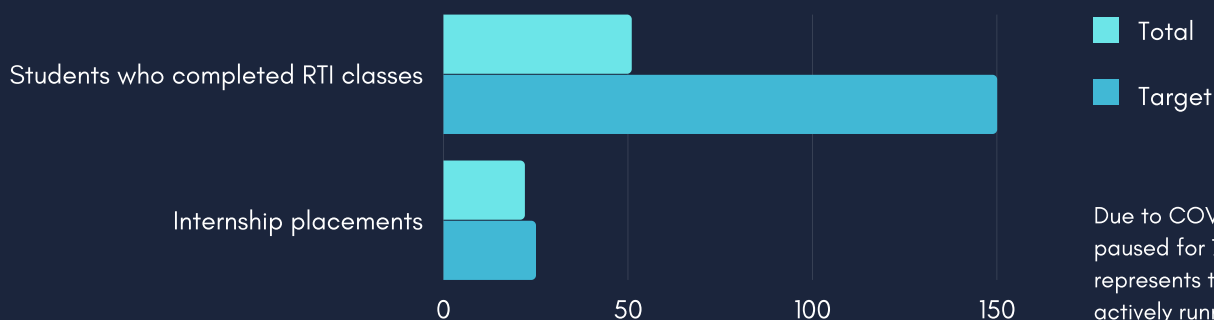
FUNDED BY HEALTH RESOURCES & SERVICES ADMINISTRATION (HRSA)

ABOUT RTI

The Recovery Training Institute (RTI) is an approved provider of the Michigan Certification Board for Addiction Professionals (MCBAP) that provides specialized education to peers seeking to achieve or maintain their certification as Peer Recovery Mentors/Coaches. RTI provides opportunities for peers to receive practical training and identify their roles as integral parts of the clinical team designed to treat those combating substance use & co-occurring behavioral health disorders.

RTI provides free educational courses, field training, and professional development for peers seeking to be state-certified Peer Recovery Mentors. A Peer Recovery Mentor is a person with lived experience misusing substances who has maintained an active recovery status for at least 2 years and provides people seeking recovery with support, tools, and resources to succeed in their own recovery.

RTI includes a 4-week virtual training, offering both daytime and evening courses, that is facilitated by Southeast Michigan's most prominent recovery support professionals.



Due to COVID-19, RTI was paused for 7 months. This data represents the 5 months RTI was actively running.



THE BCOR PROGRAM

BUILDING
COMMUNITIES OF
RECOVERY

**FUNDED BY SUBSTANCE ABUSE MENTAL HEALTH
ADMINISTRATION & CENTERS FOR SUBSTANCE
ABUSE TREATMENT (SAMHSA & CSAT)**

ABOUT BCOR

Building Communities of Recovery (BCOR) is an initiative led by the Detroit Recovery Project in collaboration with the Recovery Education Advocacy Leadership (REAL) Michigan to expand the network of recovery community organizations statewide. BCOR provides continuing education to our alliance of substance use/recovery professionals throughout the state and works to reduce the stigma associated with behavioral health disorders by conducting public education and outreach to the community on issues pertaining to drug/alcohol recovery.

THROUGHOUT FY 2020

BCOR hosted 41 events with 418 total participants. Overall, participants were satisfied with and benefited from the events sponsored by REAL. REAL is using the participant feedback to improve its workshops and trainings.



OUTPATIENT TREATMENT PROGRAM

FUNDED THROUGH DETROIT WAYNE INTEGRATED HEALTH NETWORK (DWIHN)

DRP provides outpatient treatment for individuals seeking recovery from substance use disorder, opioid use disorder, and co-occurring substance use and mental health disorders. Our licensed team provides recovery support that includes one-on-one and group counseling for individuals functioning in the recovery community and is patient-centered to address challenges and meet needs. With an ever-present backdrop of recovery, DRP focuses on propelling our program participants toward long-term recovery, empowering them to live a positive, successful, and productive life. During this fiscal year, DRP offered Women's Specialty Services; Case Management; Screening, Brief Intervention, and Referral to Treatment (SBIRT); Women's/Men's Conference; and Legislative Days for participants to speak to their local representatives.

Services Provided: **85 new enrollees**

Outpatient Treatment Average:

- 4 individual sessions per month
- 1 group session per week

Peer Recovery Support Services: **130 clients**

Average:

- 1 biweekly individual session
- 2 group sessions per month

NOTABLE PARTNERSHIPS

SER Metro

Detroit Area on Aging

**Mission Pointe Rehabilitation
Services**

**Team Mental Health Supportive
Employment Program**

Prison Re-entry Program

Cass Community Center

**Department of Human Services
Michigan Hamilton**

Advantage Health Care

The Wellness Plan

HIGHLIGHTS & ACCOMPLISHMENTS

The Certified Community Behavioral Health Clinic (CCBHC)

Detroit Recovery Project became a Certified Community Behavioral Health Clinic as of June 2020, which allows for a holistic approach to treatment, providing services for mental health disorders & physical care, in addition to substance use. DRP provides CCBHC services in the following key areas:

- Physical Health Services
- Mental Health Services
- Medical Assisted Treatment
- Peer Coaching



MARR Accreditation

DRP became an accredited MARR operator. MARR (Michigan Association for Recovery Residences) certifies provider compliance with the code of ethics and national standards based on the Social Model of Recovery Philosophy. Recovery-oriented housing founded on Social Model principles continues to be studied academically due to its proven effectiveness in promoting & sustaining long-term recovery.



Michigan Association of Recovery Residences. (2018). Michigan Association of Recovery Residences. <https://michiganarr.com/>.

CARF Accreditation

DRP earned accreditation through the Commission on Accreditation of Rehabilitation Facilities (CARF). CARF-accredited providers demonstrate a commitment to quality improvement, address the unique needs of all persons served, and track the outcomes of services provided. The accreditation process entailed in-depth examinations of DRP's programs & business practices in addition to on-site surveys conducted by outside experts who assessed DRP's ability to meet internationally recognized standards of operation.

Commission on the Accreditation of Rehabilitation Facilities. (2021). CARF © International. <http://www.carf.org/home/>.



2020 EVENTS

COVID-19 Testing



Willin', Grillin', & Healin'



Health Fair & Open House



Turkey Day Giveaway



CLIENT SUCCESS

Meet Michael Johnson

Michael Johnson began his journey with DRP in 2020 as a client. He enrolled in the Recovery Training Institute at DRP to become a Certified Peer Recovery Mentor and is now employed by DRP as a Recovery Coach.

"DRP has helped me in quite a few ways, like giving me work opportunities as well as housing. Through the RTI program, I had the chance to train to become a Recovery Coach. All this helped me return to society after being incarcerated, and I'm humbled and blessed to have Mr. Andre Johnson and the staff at DRP to help me.

These opportunities have allowed me to grow as an individual and provided structure in my life where before there

was chaos. Having parents who were also in the life of addiction, I witnessed their pitfalls and still didn't understand that there was a better way of living life that didn't include drugs and being on the streets. Once I got into recovery, it gave me insight on things like how childhood trauma played a role in why I turned to getting high. When I see others struggling, I feel for them because I know I was once in their shoes.

Being incarcerated for 18 years gave me plenty of time to reflect. I took a deep look at myself and knew I had to make changes in order to be who I want to be. Now I value my life more as well as the people I encounter everyday. I see that it's possible for me to have some of life's simple things: a house, a car, maybe even my own business someday. I have grandkids who are young enough for me to teach them that they can break the cycle and do something positive. I want them to see the new me as someone to be proud of."



WAYNE COUNTY OPIOID STATISTICS

In 2020, Wayne County saw...

2,374

EMS Naloxone
Administrations

474

Suspected
Drug-Related
Deaths

Suspected fatal
overdoses were
15% higher from
March through
September of 2020
than the same period
the previous year.

EMS Naloxone
administrations were
28.8% higher than the
same period in 2019.

FIGURE 1. SUSPECTED FATAL
OVERDOSES BY WEEK IN 2019 VS. 2020

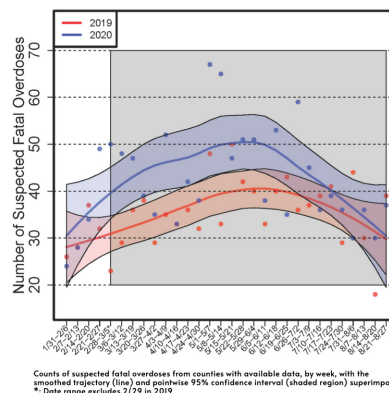
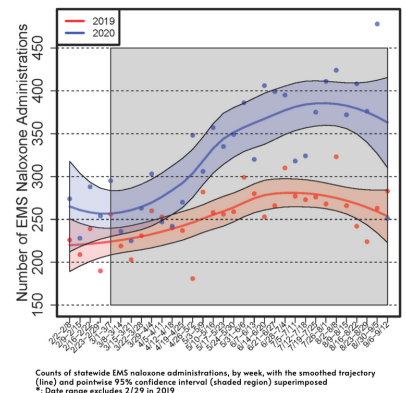


FIGURE 2. STATEWIDE EMS NALOXONE
ADMINISTRATIONS BY WEEK IN 2019 VS. 2020



Data sources: Michigan EMS Information System (MI-EMSIS) & University of Michigan Injury Prevention Center

Data source: University of Michigan System of Opioid Overdose Surveillance (SOS) injurycenter.umich.edu/opioid-overdose/opioid-surveillance/

OUTREACH STREET TEAM OVERDOSE REVERSALS

DRP's Outreach Street Team makes regular visits to areas throughout the Detroit community to bring awareness to harm reduction strategies & provide supportive resources.

The Street Team recently visited a motel on Telegraph Road where a woman in her late 20s, who was not an opiate user, began overdosing due to an unexpected presence of fentanyl in a non-opiate drug the woman used. Hannah Meissner, a DRP Prevention Case Manager who was on site at the time, supplied Narcan, which was administered to the individual three times. The woman was successfully resuscitated before paramedics arrived at the scene.



"I do what I do and treat people with compassion and empathy because I wish I would have found something like this when I was battling addiction."

— Hannah Meissner, DRP
Prevention Case Manager



DRP PARTNERS

Detroit, Wayne County, and Other Organization Partners

Self-Help Addiction Rehabilitation (SHAR), Inc.
Community Health Awareness Group (CHAG)
UNIFIED HIV Health & Beyond
CARE of Southeastern Michigan
Spectrum Human Services
Quality Behavioral Health
Covenant House of Michigan
LGBTQ Detroit
Ruth Ellis Center
The Youth Connection
National Council on Alcohol and Drug Dependence – Greater Detroit Area (NCADD)
Teen HYPE
Detroit Community Health Connection
Southeastern Michigan HIV/AIDS Council
Health Emergency Lifeline Programs (HELP)
Coalition of Temporary Shelter (COTS)
The Horizons Project
Matrix Human Services
Emmanuel House
Salvation Army
Sobriety House
Perfecting Community Care Center
Cass Community Social Services
Elite Customer Services, LLC
Neighborhood Legal Services of Michigan
Sinai Grace Hospital
Wayne State University School of Medicine Infectious Disease

Wayne State University School of Public Health
Wayne State University School of Social Work
Eastern Michigan University School of Social Work
University of Michigan School of Public Health
Jabez Recovery Management Services
Detroit Rescue Ministries
Mariners Inn
City of Detroit Health Department
Detroit Wayne Integrated Health Network
Out-Wayne Harm Reduction Committee

State of Michigan Partners

Michigan Department of Health and Human Services (MDHHS)
Michigan Certification Board of Addiction Professionals (MCBAP)
State of Michigan – ORSC
Community Mental Health Association of Michigan
Great Lakes Addiction Technology Transfer Center

National Partners

Substance Abuse Mental Health Services Administration (SAMHSA): CSAT and CSAP
Health Resources and Services Administration (HRSA)
Faces and Voices of Recovery
Howard University School of Social Work
Brandeis University



DETROIT RECOVERY PROJECT INC.
Doing It Together!

LOCATIONS

**If you or someone you know is in need of help, reach out to us.
We're here to help.**

24/7 Crisis Line: 1-833-DRP-HEAL (833-377-4325)

Our Locations

Eastside Health & Wellness Recovery Resource Center

1121 East McNichols Road

Detroit, MI 48203

Office: (313) 365-3100

Fax: (313) 365-3101

Hours: Monday – Friday, 8:30 AM – 8:00 PM

Saturday, 8:30 AM – 3:00 PM

Calvin Trent Health & Wellness Recovery Resource Center

1145 West Grand Boulevard

Detroit, MI 48208

Office: (313) 324-8900

Fax: (313) 894-2126

Hours: Monday – Friday, 8:30 AM – 5:00 PM

Recovery Housing

Bray Recovery Home for Men

400 Cortland Street

Highland Park, MI 48203

Main: (313) 579-6967

Trent Home for Recovering Men

1163/1165 West Grand Boulevard

Detroit, MI 48208

Main: (313) 579-6967

Email: info@recovery4detroit.com

www.recovery4detroit.com