



DETROIT RECOVERY PROJECT INC.
Doing It Together!

2022

DETROIT RECOVERY PROJECT, INC.

ANNUAL REPORT

Recovery4detroit.com

DRP
18 YEARS
and counting

A MESSAGE FROM OUR PRESIDENT/CEO

ANDRE JOHNSON

Dear Valued Community Members, Friends, Advocates, Stakeholders,

I hope this 2022 Annual Report finds you in good health and spirits. As we navigate through these transformative times, I wanted to take a moment to reflect on our collective journey and share some of the remarkable progress the Detroit Recovery Project (DRP) has made in our unwavering commitment to serve the residents of our beloved city.

First and foremost, DRP's vision has always been to create a community where every individual, regardless of their past or present struggles, has access to quality recovery, treatment, prevention, primary care, and mental health services. Our understanding is simple – every individual deserves a life full of potential, free from the shackles of addiction and mental health challenges. Our mission thus echoes the sentiments of this understanding.

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Over the past months, our team has worked tirelessly to expand our recovery and treatment services. We believe that recovery is a personal journey and that each individual's path is unique. Therefore, we have tailored our interventions, ensuring that they are culturally competent, comprehensive, and cater to the individual needs of our clients. From outpatient services to intensive therapy sessions, we are here to provide support at every step.

However, our commitment doesn't end at recovery. We recognize that prevention is a powerful tool in curbing the tide of addiction. Our dedicated team has been out in the community, conducting awareness programs, collaborating with schools, and reaching out to those at risk. We aim to equip our community members with the knowledge and tools they need to make informed decisions about their health.

Moreover, in our quest to provide holistic care, we have integrated primary care services into our offerings. It's a well-known fact that mental health and physical health are intertwined. By offering primary care services, we can address the complete health needs of our community, ensuring that our clients receive comprehensive care that caters to both their physical and emotional well-being.

Mental health, unfortunately, remains a stigmatized topic in many communities. At DRP, we're actively working to change this narrative. Our mental health services are designed to be accessible, compassionate, and effective. Through individual counseling, group therapy, and community workshops, we're promoting a message that mental health is as crucial as physical health.

The heartbeat of DRP has always been the city of Detroit and its incredible residents. Every service we offer, every program we initiate, is with the aim of uplifting our community. As we move forward, our pledge to you remains the same: We are here, we are listening, and we are committed to serving.

In closing, I want to extend my heartfelt gratitude to every member of our community. Your faith in our mission, your support, and your stories of resilience and triumph inspire us every day. Together, we are building a brighter, healthier future for Detroit.

Thank you for being a part of our journey. Here's to our collective health, recovery, and a brighter future!

With deepest gratitude and respect,

Dr. Andre L. Johnson,
President/CEO, Detroit Recovery Project



WHO WE ARE & OUR HISTORY

The Detroit Recovery Project (DRP), a 501(c)(3) organization, is the trailblazing Recovery Community Organization (RCO) in the State of Michigan. DRP is peer-led, peer-run, and peer-driven with two health and wellness resource centers: One located on the Eastside and another on the Westside of Detroit. These locations provide a space where individuals in short- or long-term recovery can attend 12-step Alcoholics Anonymous (AA) or Narcotics Anonymous (NA) meetings throughout the week. The centers provide access to a myriad of other resources, such as holistic support services and rapid-HIV testing. The Recovery Training Institute provides people the opportunity to become certified as a Peer Recovery Coach.

OUR MISSION

DRP is a private non-profit corporation dedicated to supporting recovery that strengthens, rebuilds, and empowers individuals, families, and communities that are experiencing co-occurring mental illness and substance use disorders. This is accomplished by ensuring access to integrated networks of effective and culturally competent holistic health services.

BOARD OF DIRECTORS



Curtis Johnson
Chairman



Alisha Bell
Wayne County Commissioner,
Vice President



John Andrews
Treasurer



Raina Harris
Secretary



Rev. Charles C. Adams
Board Member



Muata R. Mahluli
Board Member



Walter R. Mills
Board Member



Tenisha Yancey
Michigan State Representative,
Board Member

EXECUTIVE LEADERSHIP



Andre Johnson
President / CEO



Dr. Kanzoni Asabigi
Vice President of Operations



Kennyle Johnson
Chief Compliance Officer



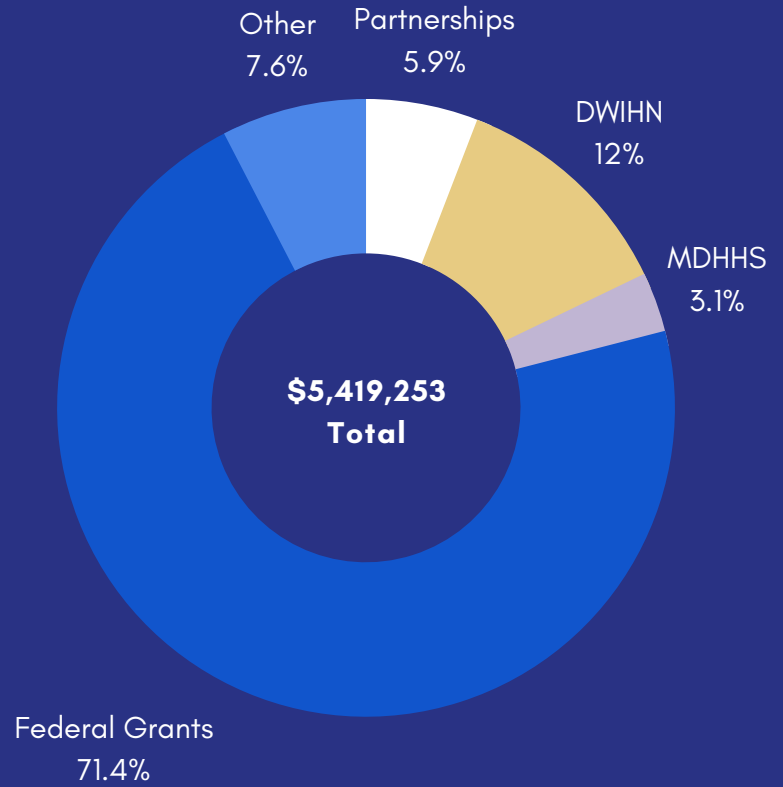
Amanda Scott
Program Director, Prevention Services



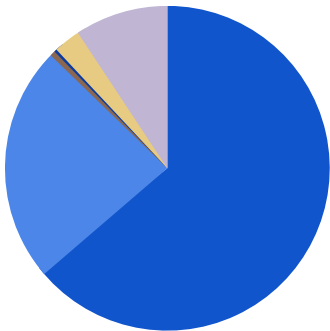
Andria Walker
Clinical Director

PUBLIC SUPPORT & REVENUE

<u>Funding Source</u>	<u>Amount (in USD)</u>
Federal Grants	\$3,870,396
Detroit Wayne Integrated Health Network (DWIHN)	\$650,012
Michigan Department of Health and Human Services (MDHHS)	\$169,621
Foundational Grants & Partnerships	\$317,205
Other	\$412,019

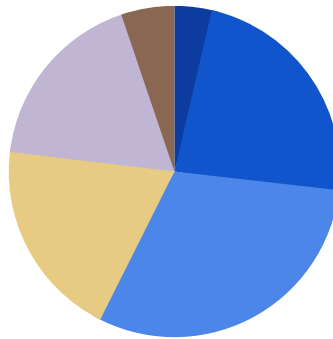


PEOPLE WE SERVE



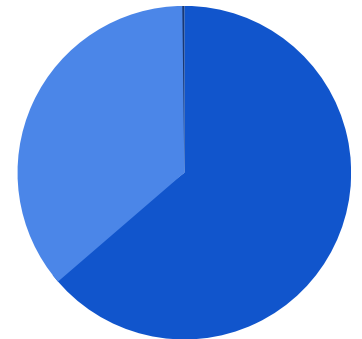
Race/Ethnicity

Black	63.6%
White	23.5%
Hispanic	2.7%
Other	9.3%
Middle Eastern	0.5%
Asian	0.3%



Age

18-24	3.6%
25-34	23.2%
35-44	30.6%
45-54	19.5%
55-64	17.9%
65+	5.2%



Gender

Male	64.0%
Female	36.0%
Non-Binary	0.2%

HOW WE'RE SERVING TODAY

DRP is a private non-profit corporation dedicated to supporting recovery that strengthens, rebuilds, and empowers individuals, families, and communities that are experiencing co-occurring mental illness and substance use disorders. We accomplish this by ensuring access to integrated networks of effective and culturally competent holistic health services.

DRP was built upon a strong foundation of recovery support services. Our services include the following:



PREVENTION

Curbing the onset of substance use or limiting the development of problems associated with using

- HIV Testing & Linkage to Care
- HCV Testing & Linkage to Care
- Detroit Rising Coalition
- DRP Outreach Street Team
- Syringe Services
- Health Education

RECOVERY PROGRAMS

Providing peer-to-peer support for individuals in all stages of recovery

- Outpatient Treatment
- Recovery Management
- Strengthening Families
- Building Communities of Recovery (BCOR)
- Recovery Training Institute (RTI)



TREATMENT

DRP is a Certified Community Behavioral Health Clinic (CCBHC), providing behavioral health & wellness services

- Physical Health Services
- Mental Health Services
- Substance Use Disorder (SUD) treatment
- Medication-Assisted Treatment (MAT)
- Peer Coaching





Recover Now is a 15-week three phase program which uses evidence based practices that increase engagement in healthy lifestyles, builds effective life skills, and empowers youth in developing meaningful futures.

PHASE 1:

BUILDING A FOUNDATION

- 3 group sessions, 1 individual session per week
- Support network development
- Emotional intelligence building
- Identifying triggers
- Identifying ACEs (Adverse Childhood Experiences)

PHASE 2:

IMPLEMENTING CHANGE

- 2 groups sessions, 1 individual session per week
- Life skills development
- Organization skills
- Teamwork skills
- Practicing coping mechanisms
- Developing balance

PHASE 3:

PROMOTING SELF-EFFICACY

- 1 group session, 1 individual session per week
- Resume building
- Interview practicing
- Supporting new peers
- Resource folder
- Program Graduation

ACTIVITIES

- **Vision boards**
- **Games**
- **Meditation**
- **Yoga**
- **Recovery Based Meetings**
- **Resume Building**
- **Interview Skills**
- **Vaping Cessation**

EVIDENCE BASED PRACTICES

- **Motivational interviewing**
- **Life Skills**
- **CLEAR (Choosing Life: Empowerment! Action! Results!)**
- **Be proud! Be responsible!**
- **Strengthening families**
- **Group sessions**
- **Individual sessions**

PREVENTION PROGRAMS

MDHHS HIV Syringe Services Program

SSP serves a wide variety of individuals, ranging from casual users to individuals that are experiencing diagnosable substance use disorder (SUD). SSP directly outreaches to areas most heavily experiencing SUD and events where substance use is prevalent. SSP distributes safe using equipment, Narcan, drug testing kits, and safe sex supplies. SSP also directly links participants to necessary services like ID access, access to food stamps and insurances, HIV rapid testing, and access to mental health or SUD services.

CDC HEART SQUARED HIV Services

HEART SQUARED focuses on People Who Use Drugs (PWUD), and increasing HIV testing, diagnosis and prevention. HEART SQUARED directly outreaches into the community to provide HIV testing and linkage to HIV care services for PWUD that are newly diagnosed or fallen out of care.

SAMHSA HEART

HEART is a Minority AIDS Initiative (MAI) grant that increases HIV testing for individuals entering treatment or in early recovery. HEART provides HIV and HCV testing for DRP groups, Eastwood inpatient treatment, SHAR House and Naomi's Nest.

SAMHSA STOP

SAMHSA STOP is a prevention-based grant aimed to prevent HIV in young black populations. STOP focuses on education and healthy decisions making, while also providing HIV and HCV youth testing. Individuals that are active in high exposure behaviors are linked to CLEAR, a case management practice to further youth in making healthy decisions to protect them from HIV, other STI's, and SUD.

GILEAD HCV Services

GILEAD HCV increases funding to provide more HCV testing in connection to our current HIV testing.



PREVENTION TEAM DATA

SSP

	Total	Target
Clients seen	734	450
Secondary clients served	4,157	1000
Overdoses reversed	745	400
Persons referred to substance use treatment	200	200
Persons engaged in substance use treatment	46	50
Naloxone kits distributed	4,555	1,600
Syringes distributed	106,910	25,000
Syringes returned	36,626	25,000

CDC HEART SQUARED

	Total
Persons tested for HIV	469
Persons tested repeatedly	25
Persons tested positive for HIV	3
Persons with positive tests linked to care	2

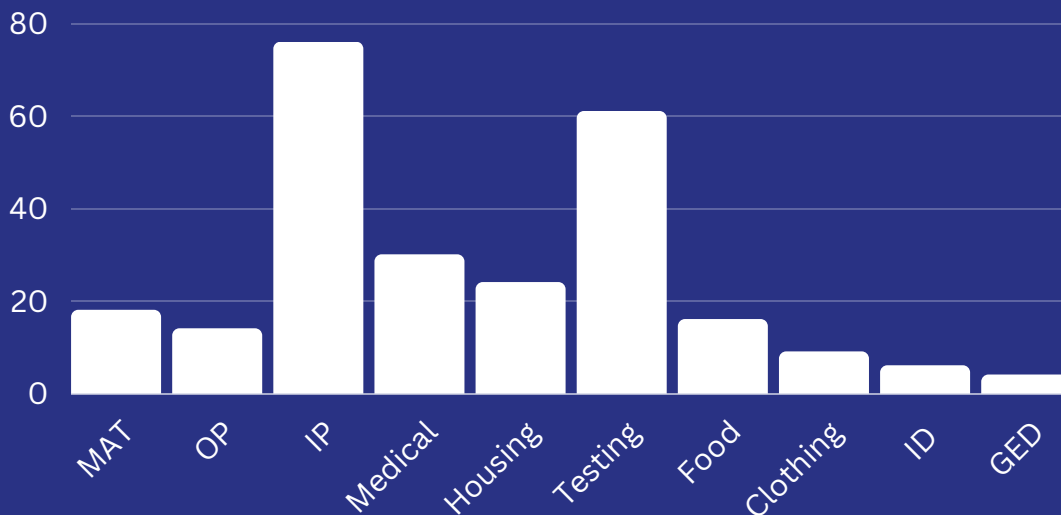
HEART

	Total	Target
Persons tested for HIV & HCV	207	100
Persons testing positive for HIV	2	0
Persons tested positive for HCV	22	0
Persons with positive tests linked to care	100%	100%

STOP

	Total	Target
Linked to CLEAR	30	50
Linked to BPBR	150	120

LINKED TO SERVICES



Recovery

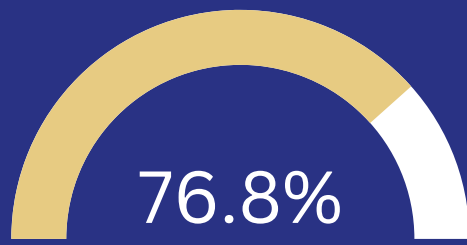


FUNDED BY SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES (SAMHSA)

TCRC works to reduce relapse and recidivism rates of individuals in recovery through the provision of peer recovery support services. We connect individuals with a larger recovery community; improve overall quality of life of individuals in SUD recovery; increase feelings of connectedness through participation in recovery community activities and events; and increase collaboration between Detroit Recovery Project (DRP) and local support services.

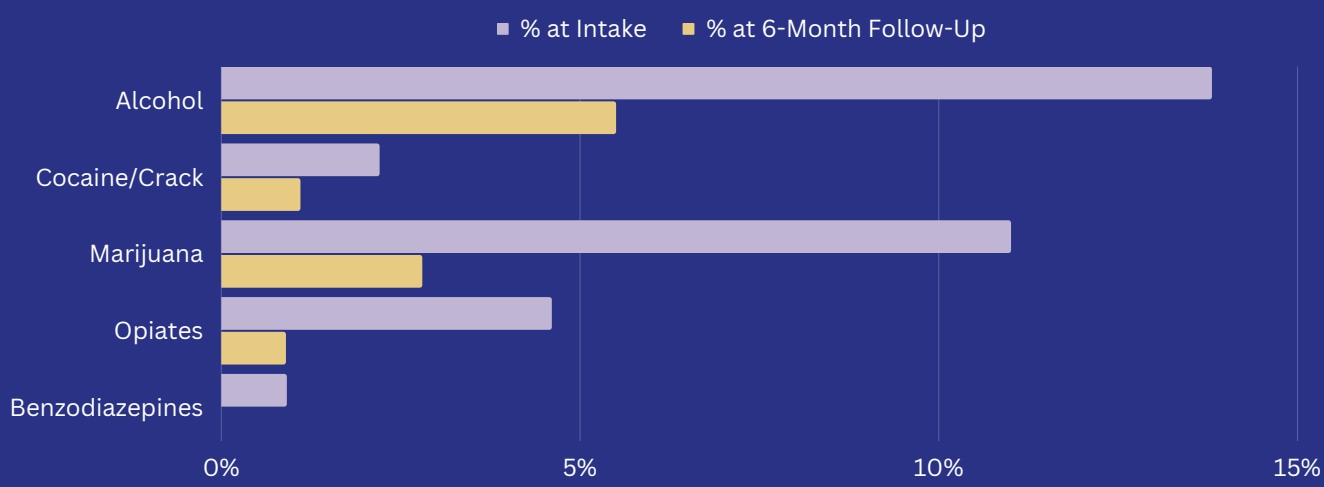
IN 2022

143 individuals participated in TCRC, surpassing the yearly goal of 125 by 14%



Remained engaged after 6 months

DRUG USE OUTCOMES



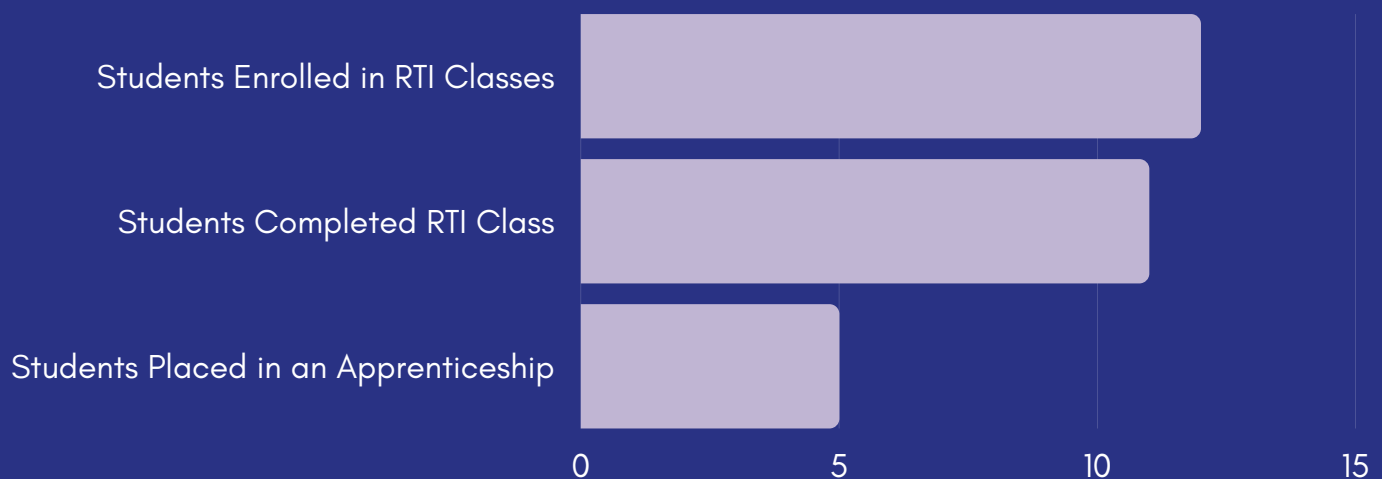


FUNDED BY HEALTH RESOURCES & SERVICES ADMINISTRATION (HRSA)

The Recovery Training Institute (RTI) is an approved provider of the Michigan Certification Board for Addiction Professionals (MCBAP) that provides specialized education to peers seeking to achieve or maintain their certification as Peer Recovery Mentors/Coaches. RTI provides opportunities for peers to receive practical training and identify their roles as integral parts of the clinical team designed to treat those combating substance use & co-occurring behavioral health disorders.

A Peer Recovery Mentor is a person with lived experience misusing substances who has maintained an active recovery status for at least 2 years and provides people seeking recovery with support, tools, and resources to succeed in their own recovery.

RTI includes a 4-week virtual training, offering both daytime and evening courses, that is facilitated by Southeast Michigan's most prominent recovery support professionals.





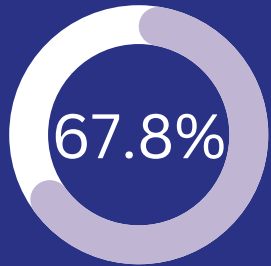
FUNDED BY SUBSTANCE ABUSE MENTAL HEALTH ADMINISTRATION & CENTERS FOR SUBSTANCE ABUSE TREATMENT (SAMHSA & CSAT)

Building Communities of Recovery (BCOR) is an initiative led by the Detroit Recovery Project in collaboration with the Recovery Education Advocacy Leadership (REAL) Michigan to expand the network of recovery community organizations statewide. BCOR provides continuing education to our alliance of substance use/recovery professionals throughout the state and works to reduce the stigma associated with behavioral health disorders by conducting public education and outreach to the community.

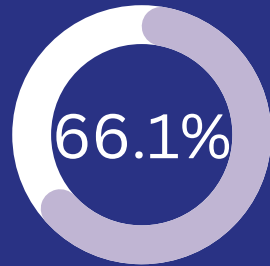
2022 DATA

	Total
Participants	150
Linked to transportation services	29
Linked to mental health services	59
Linked to employment services	54
CBT group attendance	96%

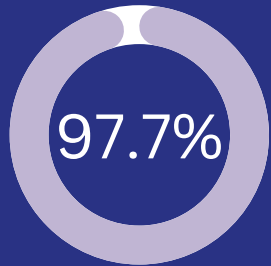
At the 6-month follow up



participants were abstinent



participants were employed

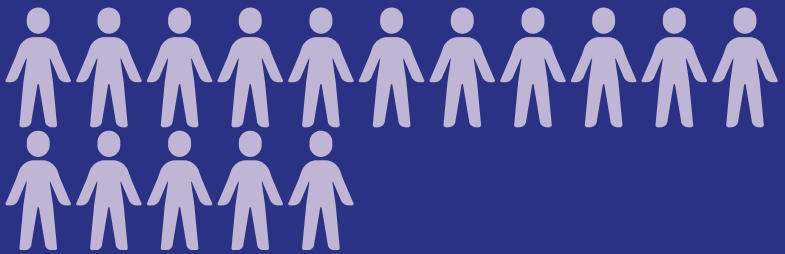


participants had no alcohol or behavioral consequences



FUNDED BY BUREAU OF JUSTICE ASSISTANCE (BJA)

RISE is a reentry program that provides substance use disorder treatment, medication assisted treatment (MAT), medical care, mental health services, and more to our returning citizens. We work with our clients to identify goals and strategies that will help them transition back into society, becoming productive and healthy citizens of Detroit and surrounding areas.



16 returning citizens were engaged in recovery and support services

2022 DATA

	Total
Engaged in SUD treatment	6
Engaged in mental health treatment	6
Re-incarcerated	3
Housed	13
Completed BJA program	2



RECOVERY SUPPORT SERVICES

FUNDED THROUGH DETROIT WAYNE INTEGRATED HEALTH NETWORK (DWIHN)

DRP provides outpatient treatment for individuals seeking recovery from substance use disorder, opioid use disorder, and co-occurring substance use and mental health disorders. Our credentialed team provides recovery support that includes one-on-one and group counseling for individuals functioning in the recovery community. DRP focuses on propelling our program participants toward long-term recovery, empowering them to live a positive and productive life. During this fiscal year, DRP offered Women's Specialty Services; Case Management; Screening, Brief Intervention, and Referral to Treatment (SBIRT); Women's/Men's Conference; and Legislative Days for participants to speak to their local representatives.

85 new enrollees in 2022 new enrollees experience:

- 4 individual sessions per month
- 1 group session per week

130 ongoing clients in 2022 established clients experience:

- 1 biweekly individual session
- 2 group sessions per month

NOTABLE PARTNERSHIPS

- SER Metro
- Detroit Area on Aging
- Mission Pointe Rehabilitation Services
- Team Mental Health Supportive Employment Program
- Prison Re-entry Program
- Cass Community Center
- Department of Human Services Michigan Hamilton
- Advantage Health Care
- The Wellness Plan

PROGRAMS DEVELOPED IN 2022



REDI (MAI)

REDI is an MAI grant that focuses on PWUD that also experience mental health challenges. The REDI staff will increase HIV testing among this vulnerable population and engage participants in case management to support access to treatment, housing, and other needs.

SQUAD

SQUAD is the first ever federally funded Syringe Service grant. SQUAD will provide more staff and supply funding to expand DRP's already existing Syringe Services Program. SQUAD also support SSP staff to further overdose prevention and harm reduction education within the community.



MDHHS HCV

MDHHS HCV Is an addition to the SSP money provided by MDHHS HIV. This will allow further HIV and HCV testing among priority populations, as well as more supplies commonly needed by participants such as hygiene products.

Partnered research with:

- Brandeis Advancing Recovery
- Henry Ford Health Systems
- VEAP

HIGHLIGHTS & ACCOMPLISHMENTS

The Certified Community Behavioral Health Clinic (CCBHC)

Detroit Recovery Project became a Certified Community Behavioral Health Clinic as of June 2020, which allows for a holistic approach to treatment, providing services for mental health disorders & physical care, in addition to substance use. DRP provides CCBHC services in the following key areas:

- Physical Health Services
- Mental Health Services
- Medical Assisted Treatment
- Peer Coaching



MARR Accreditation

DRP became an accredited MARR operator. MARR (Michigan Association for Recovery Residences) certifies provider compliance with the code of ethics and national standards based on the Social Model of Recovery Philosophy. Recovery-oriented housing founded on Social Model principles continues to be studied academically due to its proven effectiveness in promoting & sustaining long-term recovery.



Michigan Association of Recovery Residences. (2018). Michigan Association of Recovery Residences. <https://michiganarr.com/>.

CARF Accreditation

DRP earned accreditation through the Commission on Accreditation of Rehabilitation Facilities (CARF). CARF-accredited providers demonstrate a commitment to quality improvement, address the unique needs of all persons served, and track the outcomes of services provided. The accreditation process entailed in-depth examinations of DRP's programs & business practices in addition to on-site surveys conducted by outside experts who assessed DRP's ability to meet internationally recognized standards of operation.

Commission on the Accreditation of Rehabilitation Facilities. (2021). CARF © International. <http://www.carf.org/home/>.



2022 EVENTS

National HIV Testing Day



Eastside Outside



Mother's Day



CLIENT SUCCESS



Meet Christen Kirsch

Christen Kirsch began her journey with DRP in 2022. She enrolled in the Recovery Training Institute at DRP to become a Certified Peer Recovery Mentor and is now employed by DRP as a prevention project coordinator.

"Before I got sober, I had dabbled in different jobs and college classes but I had never found anything I was passionate about. I did not have any pride in my job. After getting sober, I was terrified to start over. On the other hand, I could not imagine spending the next 25 years being so miserable at work. I knew I needed to make a change but I wasn't sure exactly how.

One day I was talking with someone about the situation, and she suggested I look into Peer Coaching. I searched an online job board and saw a posting for a Peer Recovery Apprenticeship at Detroit Recovery Project. I looked at the website and their mission immediately resonated with me. The CPRM training provided a comprehensive and empowering curriculum. I was fortunate to learn from experienced instructors who were deeply passionate about recovery. The program covered everything from different pathways to recovery, to motivational interviewing and person-centered planning. The knowledge and skills I gained were invaluable.

I'm very grateful I was selected to continue my development plan here at DRP. Since starting in the prevention department, I have met many amazing coworkers who have inspired and encouraged me. I completed my development plan and passed my CPRM exam. I've even become a Project Coordinator for one of our grants. I now feel empowered to continue my education and pursue a Master's degree in Social Work. I love to work with our clients, offer them support, encouragement, and hope. It is an incredible feeling to know that I am making a positive impact and helping others find their path to wellness."

In 2021,
Wayne County saw

4,372

EMS Naloxone
Administrations

902

Drug
Overdose
Deaths

In 2021,
Michigan saw

14,109

EMS Naloxone
Administrations

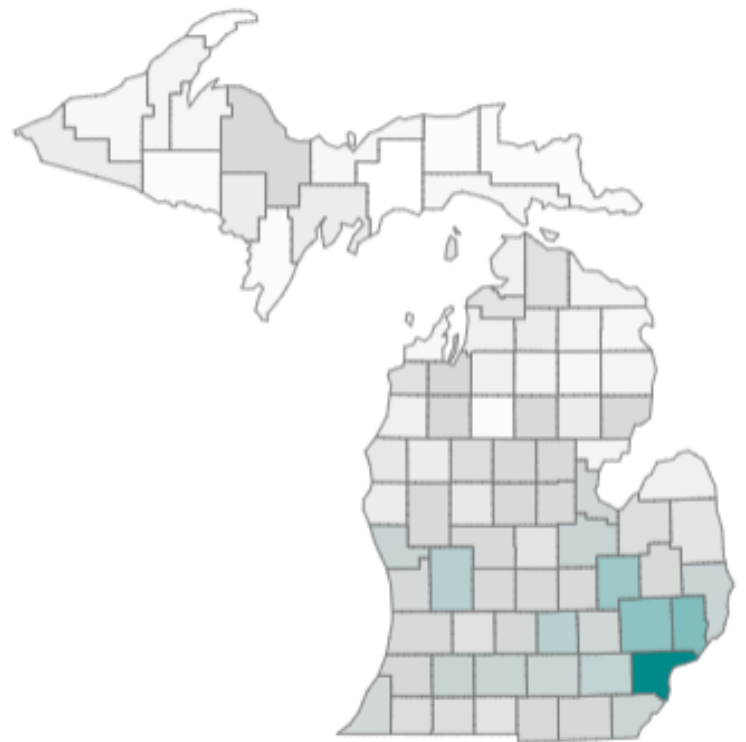
3,096

Drug
Overdose
Deaths

Data sources: Michigan EMS Information System (MI-EMIS) & University of Michigan Injury Prevention Center

Wayne County
accounted for **31%** of
statewide EMS
Naloxone
administrations

Wayne County
accounted for **29%** of
statewide drug
overdose deaths



2021 Overdose Deaths by County

THANK YOU DRP PARTNERS

Detroit City and Wayne County other Organization Partners

- SHAR Inc. (Self-Help Addiction Rehabilitation)
- CHAG (Community Health Awareness Group)
- UNIFIED
- CARE
- Spectrum Human Services
- Quality Behavioral Health
- Covenant House of Michigan
- LGBTQ Detroit
- Ruth Ellis
- The Youth Connection
- National Council on Alcohol and Drug Dependence - Greater Detroit Area (NCADD)
- Teen HYPE
- Detroit Community Health Connection
- Southeastern Michigan HIV/AIDS Council
- Health Emergency Lifeline Programs (HELP)
- Coalition of Temporary Shelter (COTS)
- The Horizons Project
- Matrix Human Services
- Emmanuel House
- Salvation Army
- Sobriety House
- Perfecting Community Care Center
- Cass Community Social Services
- The Wellness Plan Medical Centers
- Elite Customer Services, LLC
- Neighborhood Legal Services of Michigan
- Sinai Grace Hospital
- Wayne State University School of Medicine Infectious Disease
- Wayne State University School of Public Health
- Wayne State University School of Social Work
- Eastern Michigan University School of Social Work
- University of Michigan School of Public Health
- Jabez Recovery Management Services
- Detroit Rescue Ministries
- Mariners Inn



Wayne County and Detroit City Partners

- City of Detroit Health Department
- Detroit Wayne Integrated Health Network
- Out-Wayne Harm Reduction Committee

State of Michigan Partners

- Michigan Department of Health and Human Services
- Michigan Certification Board of Addiction Professionals
- State of Michigan- ORSC
- Community Mental Health Association of Michigan
- Great Lakes Addiction Technology Transfer Center

National

- Substance Abuse Mental Health Services Administration (SAMHSA): CSAT, CSAP, and CMHS
- Center of Disease Control (CDC)
- Health Resources and Services Administration (HRSA)
- Faces and Voices of Recovery
- Howard University School of Social Work
- Brandeis University

**If you or someone you know is in need of help, reach out to us.
We're here to help.**

24/7 Crisis Line: 1-833-DRP-HEAL (833-377-4325)

Our Locations

Eastside Health & Wellness Recovery Resource Center

1121 East McNichols Road

Detroit, MI 48203

Office: (313) 365-3100

Fax: (313) 365-3101

Hours: Monday - Friday, 8:30 AM - 8:00 PM

Saturday, 8:30 AM - 3:00 PM

Calvin Trent Health & Wellness Recovery Resource Center

1145 West Grand Boulevard

Detroit, MI 48208

Office: (313) 324-8900

Fax: (313) 894-2126

Hours: Monday - Friday, 8:30 AM - 5:00 PM

Recovery Housing

Bray Recovery Home for Men

400 Cortland Street

Highland Park, MI 48203

Main: (313) 579-6967

Trent Home for Recovering Men

1163/1165 West Grand Boulevard

Detroit, MI 48208

Main: (313) 579-6967

Email: info@recovery4detroit.com

www.recovery4detroit.com